

### 5 – ATTAINING GOD'S REST (HEBREWS 4:1-13)

#### I. The Warning (Hebrews 4:1-10)

##### A. The Call to Fear (Hebrews 4:1)

- The promise of rest remains for those who truly believe.
- The writer calls his readers to fear the possibility of not entering God's rest.

##### B. The Response to the Gospel (Hebrews 4:2)

- The gospel was preached to us as it was to the wilderness generation.
- The gospel was of no profit to them since they did not have faith in it.

##### C. The Promise of Rest (Hebrews 4:3)

- The promise of the rest still stands for those who believe.
- Even though, the wilderness generation did not enter it because of their unbelief.

##### D. The Beginning of God's Rest (Hebrews 4:4)

- God established his rest from the beginning of creation.

##### E. The Wilderness Generation (Hebrews 4:5)

- The writer stresses again that the wilderness generation was excluded from God's rest.

##### F. Exclusion from the Rest (Hebrews 4:6)

- Some who first heard were excluded from God's rest because of disobedience.

##### G. Current Availability (Hebrews 4:7-9)

- The writer stresses that today is the day that we should listen to God's voice.
- Today, we should not harden our hearts.
- God's rest remains available for God's people.

##### H. The Nature of the Rest (Hebrews 4:10)

- God's rest is promised to those who completed their appointed work in God's will.

#### II. The Exhortation (Hebrews 4:11-13)

# Understanding Our Faith: The Letter to the Hebrews

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## A. The Call to Diligence (Hebrews 4:11)

- Believers are called to make a diligent effort to enter God's rest.
- So that no one falls into the same condemnation as the wilderness generation.

## B. God's Word (Hebrews 4:12)

- God's word exposes the thoughts and intents of man's heart.

## C. Accountability (Hebrews 4:13)

- Nothing is hidden from God's sight.
- All things are exposed to the one whom all must give an account.