

6 – SEEKING GOD: CONFESSION (PSALM 51)

I. The Real You

- We must operate from the reality that our lives and thoughts are completely exposed to God.
- The Lord intimately knows everything about you: thoughts, speech and actions.
- The realization of this should lead you being completely honest with the Lord about your sin.

II. Getting Real With God (Psalm 51)

A. The Request (Psalm 51:1-2)

- There is a request for God's mercy in your life concerning your sin.
- The basis for this request is a knowledge of the Lord's lovingkindness and tender mercies.
- There is also a request for cleansing from your sin.

SCRIPTURE 1 John 1:9

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

B. The Acknowledgement (Psalm 51:3-4)

- There has to be an ownership of the sin that you are continually carrying.
- It must be recognized that you have sinned against God in his presence.
- There is also a recognition that God is just in his judgment of your sin.

C. The Understanding (Psalm 51:5-6)

- There must be an understanding that you were born sinful.
- There must be an understanding of what God really wants for your life.

D. The Further Requests (Psalm 51:7-17)

- In confession, you are asking God to cleanse you from your sin.
- In confession, you are asking God to not hold your sin against you.
- In confession, you are asking God to give you a new heart in place of your corrupted one.
- In confession, you are asking God to strengthen you with a steadfast spirit.

Rekindling Your Desire For The Lord: A Study In Spiritual Renewal

- In confession, you are asking for God's presence to be real in your life again.

SCRIPTURE 1 Thessalonians 5:19

Do not quench the Spirit.

SCRIPTURE Ephesians 4:30

And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

- In confession, you are asking God to restore the joy of salvation to your life.
- In confession, you are asking God to deliver you from the guilt and shame of sin.